



TREATMENT MENU

Est. 2019

WELCOME TO DORSET AESTHETICS

My goal is simple: **healthy skin first**. When your skin functions well, it looks radiant, youthful, and naturally beautiful. I believe aesthetic medicine should be about **subtle, refined enhancements**—not changing how you look.

I take the **time to truly listen**. My consultations are holistic and pressure-free, focusing on your concerns and giving **expert advice** on treatments and skincare so you feel fully informed and **never rushed**.

I know people worry about looking 'overdone'—especially when they see extreme celebrity treatments. There's also confusion about what we do in medical aesthetics. Many assume it's all about 'stabbing and jabbing' or misunderstand the difference between tox and fillers. In reality, aesthetic medicine is a specialist field of healthcare, and my approach is always **ethical, nurse-led, and results-driven**.

I never push unnecessary treatments. I always put my patients' best interests first—because at Dorset Aesthetics, you'll never be sold to.

My philosophy? Tox and fillers are the punctuation, not the paragraph. Your skin's health is the foundation, ensuring **long-term, natural results** that make you look fresh and well-rested—**never obvious**.

Aesthetic medicine should be about **confidence, not conformity**. My goal is for your best friend to say, "You look amazing!"—without ever guessing you've had a treatment.

Thank you so much for trusting me with the care of you and your skin.

Gilly

Nurse Practitioner & Director
Dorset Aesthetics

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CONSULTATIONS

Begin your journey to healthier skin here

Initial Consultation

£0

Your skin's journey begins with a full consultation & treatment discussion, with holistic skincare advice.

Laser Consultation & Test Patch

£0

A holistic conversation about your skin, lifestyle, medical history and treatment options, as above, together with a laser or IPL test patch.

Consultation & Skin Analysis

£50

A combination of a full, holistic consultation with a mini facial, allowing Gilly to fully assess your skin and provide you with a bespoke, holistic treatment plan.

Follow-up Consultation

£0

A 30-minute follow-up consultation.

Medical Consultation

£0

A medical consultation for prescription services, including Botulinum Toxin.

MEDI-FACIALS

Always bespoke, always much more than a wax-on-wax-off affair, facials at DA are a thorough yet gentle treatment, with expert skin analysis, facial massage, superficial peels, extractions and clinically proven products.

Cleanse & Perfect £70

A mini facial treatment – ideal for a deep cleanse and a small number of extractions.

D.A Signature Medi-Facial £105

Becoming legendary. Results-driven, deeply cleansing, deeply relaxing. Includes superficial peel (iS Clinical Fire & Ice, Fillmed, Lynton or ZO) and a 10-minute Dermalux LED Light Therapy treatment. Always bespoke. Suitable for all skin types.

Deep Cleansing Facial £105

This deeply purifying treatment includes a superficial skin peel treatment, extractions and Dermalux LED Light Therapy. 10% discount given to acne sufferers.

Alma Dermaclear Hydrafacial £95

A hydra-dermabrasion facial with vacuum technology to deeply cleanse the skin. See the difference in your skin and in the canister after your facial!

Luxe Signature Medi-Facial £125

A results-driven, medical-grade facial designed to deeply cleanse, restore, and transform your skin. Combining advanced aesthetic techniques with luxurious relaxation. The Signature Luxe Facial is the same as the Signature Facial, with the addition of a full 20 minutes Dermalux Tri-Wave MD LED treatment and a relaxing head or foot massage.

DERMALUX LED LIGHT THERAPY

The award-winning, trusted brand in professional LED Phototherapy since 2012.

Dermalux Tri-Wave MD - 20 minutes £50

The award-winning, world-leading and trusted brand in professional LED Phototherapy since 2012. No pain, no downtime, real results for all skin concerns.

Dermalux Tri-Wave MD - 10 minutes £25

Add-on to any facial for all the skin and soul benefits!

Dermalux Flex Home Rental £55

Take it home and take some time out to relax and rejuvenate! Price is per week. Deposit required.

CHEMICAL PEELS

Cleopatra was a big fan, and for good reason. From no-downtime to full-on peely peel, chemical peels are an incredible treatment for all skin concerns from acne and rosacea to pigmentation and skin rejuvenation.

The Perfect Peel

£250

For full-on 'peely-peel' lovers! A good choice for general skin rejuvenation. Expect downtime!

SkinMed EnerPeels

Medically licenced for treating acne and Rosacea, these innovative peels are a top-choice for all skin concerns. Save 15% off a course of four treatments.

EnerPeel Salicylic Acid (SA)

£150

EnerPeel Salicylic Acid peel is a 30% salicylic acid peel, medically licenced for the treatment of comedogenic, inflammatory and resistant acne.

Course of 4

£500

EnerPeel Mandelic Acid (MA)

£150

EnerPeel Mandelic Acid peel is medically licenced for the treatment of rosacea. Course of four treatments recommended.

Course of 4

£500

EnerPeel Pyruvic (PA)

£168

EnerPeel PA is great for skin remodelling, pore refinement and skin tightening. It slows down oil production and is a good alternative to a glycolic peel, offering better results with fewer side effects and less downtime. It is also a good alternative for acne patients with a salicylic allergy.

Course of 4

£571

EnerPeel Eyes & Lips TCA (EL)

£120

This medical-grade peel targets pigmentation, perioral lines and lines and skin laxity around the eye area and improving dark under eyes.

Course of 4

£480

EnerPeel Jessner (JR) Peel

£168

EnerPeel JR is a Jessner peel with 14% Resorcinol, 15% Salicylic and 20% Lactic Acids. A good choice for pigmentation (age, hormone or sun related). 2-4 weeks skin prep required before treatment.

Course of 4

£571

EnerPeel TCA 25%

£210

EnerPeel TCA 25% deeply renews the skin by boosting collagen, elastin, and hydration. It replaces old, rigid fibers with fresh, flexible ones, making the skin smoother, firmer, and more youthful, while also slowing wrinkle formation.

EnerPeel SA Chest / Back

£180

Specific peel for treating chest and back acne.

Course of 4.

£615

HIFU

Lynton Lasers' Focus Dual's HIFU technology delivers targeted energy to lift, tighten and sculpt the face and body. Two treatments, 3-4 weeks apart are recommended.

Eyebrow Lift	£125
Jawline	£150
Half Face	£200
Neck & Jawline	£250
Half Face & Neck	£275
Upper Arms	£275
Full Face & Neck	£350
Abdomen	£350
Inner Thighs	£350

MICROSCLEROTHERAPY

Microsclerotherapy involves injecting a solution into thread veins, causing them to collapse and fade away over time.

Initial Treatment	£250
Follow-up Treatment	£150

CRYOTHERAPY

A quick and effective treatment to remove warts, skin tags, and verrucae.

Single Lesion	£30
Several Lesions	£50
Large Area	£80

BLOOD TESTS

Phlebotomy service for private blood tests.

Standard Phlebotomy	£35
Phlebotomy with Centrifuging	£55

MICRONEEDLING

This ancient practice is still a much-loved treatment today for collagen stimulation and textural concerns. *Stimulates the skin's wound-healing processes with tiny micro-channels, creating new collagen and improving lines and wrinkles, scarring, skin tone and texture.*

Half Face	£150
Course of 3	£400

Full Face or Neck	£200
Course of 3	£550
Full Face & Neck	£250
Course of 3	£700

RADIO-FREQUENCY MICRONEEDLING

Radio-frequency microneedling boosts collagen and elastin more effectively and efficiently than standard microneedling, with more noticeable and longer-lasting results.

Small Facial Area	£150
Course of 3	£400
Half Face	£250
Course of 3	£700
Neck	£250
Course of 3	£700
Full Face	£395
Course of 3	£995
Full Face & Neck	£550
Course of 3	£1150
Body Area < 30cm	£395
Course of 3	£995
Body Area > 30cm	£550
Course of 3	£1150

MESOTHERAPY

From ancient Greece through 1950's France to one of today's most loved treatments, mesotherapy uses tiny, superficial injections of vitamins, minerals, hyaluronic acid and other nutrients to boost skin health from within. Also used to for scalp rejuvenation.

Platelet Rich Plasma (PRP)	£350
<i>Natural rejuvenation for skin & scalp. A bio-rejuvenating treatment harnessing the power of growth factors from your own platelets.</i>	
Course of 3	£950
PRP+HA: Regen Cellular Matrix	£400
<i>Platelet Rich Plasma + Hyaluronic Acid (HA). Patented technology for all the benefits of PRP with enhanced hydration and bio-rejuvenation. Like a super-charged Profhilo!</i>	
Course of 3	£1100
Polynucleotides	£220
<i>Fragments of fish DNA (by-product from food industry) kick-start bio-rejuvenation and reduce 'inflammaging' and free-radical damage to restore elasticity and hydration. Used as a foundation therapy, it also creates better outcomes for further aesthetic treatments. Course of 4 recommended.</i>	
Fillmed NCTF BioNutriGlow	£200

A revitalising mesotherapy treatment with hyaluronic acid, vitamins, and amino acids to hydrate, smooth, and restore radiance for a healthy, glowing complexion. Course of 4 recommended.

Fillmed NCTF BeautifEYE

£150

A revitalising eye treatment that hydrates, smooths, and brightens. Packed with hyaluronic acid, vitamins, and antioxidants, it reduces fine lines, dark circles, and puffiness—for brighter, refreshed eyes. Course of 4 recommended.

MICRONEEDLING + MESOTHERAPY

The best of both worlds! WOW Fusion, Vampire Facials, Micro-tox - just incredible results for all skin concerns.

“Vampire Facial”

£300

Platelet Rich Plasma (PRP) + Microneedling = a rejuvenating treatment that stimulates collagen, improves texture and tone and enhances radiance, leaving skin firmer, smoother, more even toned youthful. An excellent treatment for acne scarring.

WOW Fusion® Mesotherapy

£200

The WOW Fusion® This bespoke treatment combines a personalised blend of mesotherapy ingredients with microneedling to improve both the appearance and health of the skin. Course of 4 recommended.

WOW Fusion® MicroTox

£375

Treatment for Acne and Rosacea: combines WOW mesotherapy with botulinum toxin to reduce sebum output, sweating, redness and flushing and tighten pores. For best results combine with course of WOW Fusion Meso.

BOTULINUM TOXIN ‘TOX’

From natural to frozen, freshen-up and feel fabulous. Often confused with dermal filler, tiny amounts of Botulinum Toxin are injected into specific facial muscles to stop or soften muscle contractions, reducing lines & wrinkles on movement and softening static lines. All treatments include a complementary consultation and follow-up appointment.

Crows-feet or frown lines

£200

Crows-feet and frown lines

£250

Frown lines and forehead

£250

Frown lines and crows-feet

£250

Frown lines, forehead and crows-feet

£300

Neck (Platysma bands)

£300

Excessive sweating (Hyperhidrosis)

£350

Masseter/teeth grinding

£300

Lip Flip*

£120

Down-turned smile*	£120
Gummy smile*	£120
Dimpled chin*	£120
*£50 with other areas	

SKIN BOOSTERS: PROFHILO

Profhilo® is an injectable skin booster that deeply hydrates, smooths, firms, and rejuvenates the skin for a naturally youthful, radiant glow. Results last around 6 months, with best results after a course of 2 treatments.

Face or Neck	£250
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DERMAL FILLERS

Hyaluronic Acid Fillers

Only extensively tested, medically CE-certified dermal fillers are used for your safety and peace of mind, and only ever from reputable sources. Prices are for up to one syringe of premium-grade Hyaluronic Acid dermal filler.

Cheek enhancement	£250
Marionette lines/folds	£250
Nasolabial lines/folds	£250
Lip volume	£225
Upper lip lines	£225
Chin	£250
Jaw	£250
Under-Eye (Tear Trough)	£250
Additional syringes at same appointment	£150

Radiesse +	£450
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A unique CaHA-based filler that provides lift and contour while stimulating collagen and elastin for long-term structural support and skin rejuvenation, with results lasting a year or more. Treatment Areas: Lower Face & Jawline, Cheeks & Midface, Hands, Neck & Décolleté.

Additional syringe at same appointment	£250
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LASER & IPL TREATMENTS

Over 30 FDA-approved treatments for all skin concerns with the award-winning Alma Harmony XL-Pro.

Alma Clear Lift

£210

A non-ablative laser treatment to promote collagen re-modelling and enhance skin texture. This treatment effectively reduces the appearance of fine lines, wrinkles, and pigmentation while improving skin tone and elasticity. Course of 4 recommended.

Alma Clear Skin

£175

This non-ablative laser treatment enhances skin radiance and elasticity while reducing sebum production, breakouts, and enlarged pores. Suitable for all skin types, Clear Skin delivers refreshing results with minimal downtime, leaving your complexion revitalized and glowing. Course of 4 recommended.

Alma Clear Skin - Chest or Back

£200

Alma Clear Skin - Chest & Back

£350

Alma "Bio-Boost"

£300

The ultimate combination treatment with both ClearLift and ClearSkin lasers for dual benefits to refine texture and restore a radiant, healthy complexion with no downtime.

iPixel - Fractional Laser Resurfacing

£350

A fractional, ablative laser treatment for fine lines, wrinkles, acne scars, and uneven pigmentation. While there may be some downtime, patients can expect lasting improvements in skin texture and appearance, with benefits increasing over time.

Course of 3

£1100

Pigmentation

IPL and Laser treatments to reduce pigmentation on the face and body.

Small Area

£50

Large Area

£80

Rosacea & Thread-Veins

IPL treatment to reduce flushing and thread-veins. Course may be required.

Rosacea Flushing

£85

Thread Veins Small Area

£50

Thread Veins Cheeks, Nose & Chin

£85

Thread Veins: Neck/Decollete

£120

Lip Area Skin Rejuvenation

£125

Reduce lip lines, enhance lip colour and hydration.

Eye Area Skin Rejuvenation

£125

Laser treatments for the delicate peri-ocular skin to target fine lines and skin laxity.

Skin Tags & Skin Lesions

A precise and effective treatment that uses laser technology to target and remove skin lesions quickly. An alternative treatment to cryotherapy.

Single Lesion	£30
Several Lesions	£50
Large Area	£80

Hair Removal

A non-invasive treatment that uses intense pulsed light to target hair follicles, preventing regrowth. Course of treatments required.

X-Small Area, e.g. Upper Lip	£25
Small Area (e.g. Underarms)	£50
Medium Area (e.g. Bikini)	£95
Large Area (e.g. Half Legs)	£150
X-Large Area (e.g. Full Legs)	£225

Tattoo Removal

The Alma Harmony XL Pro targets tattoo ink, breaking it down into smaller particles that are naturally eliminated by the body. Multiple sessions required for optimal results.

Extra Small (1-3 cm)	£50
Small (4-8 cm)	£80
Medium (8-16 cm)	£120
Large (16-20cm)	£180
Extra Large (20cm +)	£250

Scar Correction

Advanced laser technology to improve texture, tone, and appearance of scars.

Small Area	£80
Large Area	£120



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